
SATAN'S FAVORITE LIES: LIE #7

Pain Should Be Avoided At All Costs

THE ANCIENT LIE

Job 1-2/ Matthew 4:1-10

- Pain and suffering mean _____.
- If there is a way to avoid pain, _____.

THE TRUTH ABOUT PAIN & SUFFERING

Romans 5:12/ 1 Corinthians 7:20-21

- Pain & suffering are not _____.
 - If you can avoid pain _____, by all means _____.
- If you can't – _____.

THREE STRANGE (BUT POWERFUL) RESPONSES

❶ A Strange *Attitude*: _____.

James 1:2-3/ Romans 5:3-5/ 1 Thessalonians 5:16-18/ 1 Corinthians 10:10-11/ Romans 12:2

- ✓ We can't control our _____, we can control our _____.
- ✓ There is always something _____.

❷ A Strange *Response*: _____.

James 1:3-4 & Romans 5:3-5/ Hebrews 5:7-8/ 1 Peter 1:6-7 & Matthew 5:10-12/ 2 Corinthians 1:3-6

- ✓ Trials build _____ & _____.
- ✓ Suffering teaches _____.
- ✓ Trials reveal the _____.
- ✓ Suffering creates _____.

❸ A Strange *Prayer*: _____.

James 1:5/ Matthew 26:39-44

- ✓ Ask for _____, seek _____.

1. The Bible gives us windows into the lives of many people who experienced great pain, hardship or loss. Read the following Scriptures and take a look at how each person responded to their situation. Pay attention to what they learned or taught as a result of their trials and jot down any observations. Finally, see if you can connect any of your observations to your notes from this week's message.

Job: Job 1:18-22

Job: Job 2:7-10

Paul: 2 Corinthians 11:16-33

David: Psalm 27:1-14

Jesus: Luke 9:21-27

Peter: 1 Peter 4:12-19

2. How is Paul's perspective in **2 Corinthians 1:3-11** contrary to how most of us would normally think when facing physical or emotional challenges?

What part of this Scripture is most encouraging for you?

What part is most challenging?

If you are facing a great difficulty or a time of suffering, what would you want someone to do (or not do) in their attempt to comfort or share in your suffering?

3. **Psalm 77** is a good example of an honest prayer in the midst of a tough situation. Use this prayer as a guide as you write out your own "psalm" about a tough season in your life or a painful situation. Honestly express your thoughts and emotions to God. Also include a list of the things God has done for you which will help you maintain your trust in Him.