
MOSES:
The High Price of a HOTHEAD

THE GLORY:

Moses: Leadership Personified

Exodus 2:1-10, 3:1-10, 4:1-9, Acts 7:20-22

BEYOND THE GLORY:

A Great Leader with Anger Issues

- **Angry at _____**
Exodus 2:11-15, Acts 7:23-29
- **Angry at _____**
Exodus 11:4-8
- **Angry at _____**
Exodus 32:7-22
- **Angry at _____**
Numbers 11:10-15
- **Angry at _____**
Numbers 20:1-11, Exodus 17:1-7

TABLE TALK:

James 1:19-21, Ephesians 4:26-27, Psalms 4:4-8, Hebrews 12:1-3
Proverbs 15:18, 19:19, 22:24, 29:11, 29:22

Why We Explode:

The Excuses We Use:

The Way Out:

- ① _____
- ② _____
- ③ _____
- ④ _____

Home Fellowship Questions

1. This weekend we took a look at the high price of a hothead. Take a few minutes to think about what triggers your anger and make a short list of some “hot buttons” below.

Chris made it clear that anger itself is not a sin and that the way we deal with this powerful emotion is very important. How could the following passages help you deal with anger or rage?

Romans 12:17-21

Ephesians 4:22-27

Philippians 2:3-8

Colossians 3:5-10

James 1:19-25

2. A man named Cain gave us a great case study in anger and lack of self control. Read his story in **Genesis 4:1-12**. What could have been at the root of Cain’s anger?

What could it have looked like for Cain to be angry but not fall into sin?

God knew the answers already but he still chose to ask Cain a number of questions in this situation. Why do you think God asked these questions?

3. Part of living with anger and not falling into sin is choosing to live by truth as opposed to feelings alone. What steps does **Romans 12:1-3** advise us to take and how could renewing our mind, or thinking differently, help us avoid sin when we are angry?

4. One way to further our relationship with God is to simply talk with Him about our struggles. Take a couple minutes and have a conversation with your heavenly dad about what makes you mad. Ask him to give you the strength to forgive. Then thank Him for all you have been given.

5. This week in Kidstuff, we talked about sin and how it hinders us from getting to the “promised land”. Ask your kids what makes them mad, and how they handle anger.